

Safeguarding and duty of care package (UK): courses

Our safeguarding and duty of care package offers over 150 hours of learning and enables you to keep your whole school up to date with the latest training and gain peace of mind that your school has fulfilled its legal and moral obligations.

Courses in the safeguarding and duty of care package are updated in line with statutory guidance and legislation across the four nations – including Keeping children safe in education (KCSIE) in England – and are arranged in four focus areas.

Your school will have full access to all the courses in these focus areas – and any new courses that we add – during your subscription. Each course will work towards CPD accreditation points. The hours of learning listed per courses are indicative of the number of CPD accreditation points available for each course.



This package is suitable for UK primary and secondary schools.

Disclaimer: Schools should always consider the needs of their own school within the context in which it operates.

Course	Hours of learning	Key audience						
		Teaching assistants	Newly qualified teachers	Non-specialist experienced teachers	Science/lab teachers	ICT staff	Designated safeguarding leads/deputies	Pastoral staff
Safeguarding								
Adverse Childhood Experiences (ACEs)	2	●	●	●	●		●	●
Child Abuse linked to Faith or Belief	1	●	●	●	●		●	●
Child Exploitation	2	●	●	●	●		●	●
Child Neglect	3		●	●	●		●	●
Child-on-Child Sexual Violence and Harassment	2	●	●	●	●		●	●
Child Protection Advanced	9						●	
Child Protection in Education	5	●	●	●	●	●	●	●
Child Protection in Education (Music)	5			●				
Child Protection in Sport and Active Leisure	5							
Child Protection Refresher 2023	3	●	●	●	●		●	●
Domestic Abuse: Children and Young People	2	●	●	●	●		●	●
Extremism and Radicalisation	1	●	●	●	●		●	●
Female Genital Mutilation Awareness	1	●	●	●	●		●	●
Harmful Sexual Behaviours	2	●	●	●	●		●	●
Online Safety	2	●	●	●	●	●	●	●
Parental Responsibility in School	1	●	●	●	●	●	●	●
Preventing Bullying	4	●	●	●	●		●	●
Raising Awareness of Child-on-Child Abuse	1.5	●	●	●	●		●	●
Raising Awareness of Honour-Based Abuse and Forced Marriage	2	●	●	●	●		●	●
Raising Awareness of Trafficking and Modern Slavery	2	●	●	●	●		●	●
Reflective Safeguarding Practice for Schools	1	●	●	●	●		●	●
Safeguarding Children with Special Education Needs and Disabilities	1	●	●	●	●		●	●
Safeguarding when Employing Tutors and Coaches	1							

Key	● Mandatory	● Recommended	f Food	hs Health and safety
	pe P.E. staff	s Sports coach	v Voluntary	

	Key audience																
	Housemaster/mistress	Counsellor	Business manager/bursar	Head of department	Deputy headteacher with pastoral and SEND	Deputy headteacher/vice principal	Headteacher/principal	Governors/Trustees	Estates manager	Premises team	Administrative staff	Staff with first aid responsibility	Wrap around carers	External sports coaches	Voluntary staff	Catering staff	Cleaners, other ancillary staff (drivers, etc)
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Course	Hours of learning	Key audience						
		Teaching assistants	Newly qualified teachers	Non-specialist experienced teachers	Science/lab teachers	ICT staff	Designated safeguarding leads/deputies	Pastoral staff
Safeguarding Young People	4		●	●	●		●	●
Search, Screen and Confiscate for Schools	1	●	●	●	●	●	●	●
Serious Youth Violence	2	●	●	●	●		●	●
Substance Misuse Risks	2	●	●	●	●		●	●
Tackling Obesity	1	●	●	●	●		●	●
The Governance of Safeguarding	1						●	
The Prevent Duty *newly updated*	1	●	●	●	●	●	●	●
Understanding the Role of the Safeguarding Lead	1	●	●	●	●	●	●	●
Wellbeing								
ADHD Awareness	1	●	●	●	●	●	●	●
Autism Awareness	1	●	●	●	●	●	●	●
Body Dysmorphic Disorder	1	●	●	●	●	●	●	●
Bullying and Harassment in the Workplace	1	●	●	●	●	●	●	●
Dealing with Bereavement and Loss	2	●	●	●	●		●	●
Dyscalculia Awareness	1	●	●	●	●	●	●	●
Dyslexia Awareness	1	●	●	●	●	●	●	●
Induction to Pastoral Care	1	●	●	●	●	●	●	●
Looked After Children	1	●	●	●	●		●	●
Mental Wellbeing in Children and Young People	4	●	●	●	●	●	●	●
Mindfulness in the Classroom	2	●	●	●	●		●	●
Overcoming Loneliness	2	●	●	●			●	●
Raising Awareness of LGBT	1	●	●	●	●	●	●	●
Suicide Awareness and Prevention	1	●	●	●	●		●	●
Supporting Staff Wellbeing in Schools	2	●	●	●	●	●	●	●
Trauma Informed Practice in Schools	2	●	●	●	●	●	●	●
Understanding Anaphylaxis	1	●	●	●	●	●	●	●
Understanding Anxiety	1	●	●	●	●	●	●	●
Understanding Asthma	1	●	●	●	●	●	●	●

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Course	Hours of learning	Key audience						
		Teaching assistants	Newly qualified teachers	Non-specialist experienced teachers	Science/lab teachers	ICT staff	Designated safeguarding leads/deputies	Pastoral staff
Understanding Diabetes	1	●	●	●	●	●	●	●
Understanding Epilepsy	1	●	●	●	●	●	●	●
Understanding Low Mood and Depression	1	●	●	●	●	●	●	●
Understanding Self-harm	1	●	●	●	●	●	●	●
Wellbeing for Children with EAL	1	●	●	●	●	●	●	●
Young Carers	1	●	●	●	●	●	●	●
Compliance								
A Guide to UK Data Protection: Education	2	●	●	●	●	●	●	●
An Induction to Boarding	3							●
Equality and Diversity	1	●	●	●	●	●	●	●
Filtering and Monitoring *coming soon*								
Managing Allegations of Abuse Against Staff	1	●	●	●	●	●	●	●
Online Safety Act *new course*	1	●	●	●	●		●	●
Safer Recruitment in Education *newly updated*	4						●	
School Admissions	2							
School Attendance and Children Missing Education	4						●	●
School Exclusions for Head Teachers and Governors	3							
School Exclusions for Independent Review Panels (IRPs)	4							
The SEND Code of Practice	4							
Health and safety								
Administration of Medication in Schools	2			● v			●	● v
Anti-Fraud, Bribery and Corruption	1	●	●	●	●	●	●	●
Concussion Awareness	1			● pe				●
Cyber Security	1	●	●	●	●	●	●	●
Effective Health and Safety for Children with SEND and ASN	1	●	●	●	●	●	●	●
Fire Safety in Education	4	●	●	●	●	●	●	●
First Aid Essentials	3	●	●	●	●	●	●	●

Key audience																
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Course	Hours of learning	Key audience						
		Teaching assistants	Newly qualified teachers	Non-specialist experienced teachers	Science/lab teachers	ICT staff	Designated safeguarding leads/deputies	Pastoral staff
Food Hygiene and Safety	4	● f		● f				
Health and Safety in Education: Senior Leadership and Management	2							
Health and Safety in Education: Staff Awareness	2				●	●		
How to be an Effective Fire Warden or Fire Marshal	1				●			
Infection Prevention and Control in Education	2	●	●	●	●	●	●	●
Moving and Handling	2				●			
Raising Awareness of Asbestos	1				●			
Raising Awareness of Legionella	1				●			
Risk Assessment for School Trips	1		●				●	
Risk Assessments in Educational Settings	1			●	●	●	●	●
Use of Reasonable Force in Schools	1	●	●	●	●	●	●	●
Working with Display Screen Equipment	1	●	●	●	●	●	●	●

	Key audience																
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Adverse Childhood Experiences (ACEs)**2 hours**

This course will help anyone working with children and young people to:

- Learn what adverse childhood experiences are, including the two categories of direct and indirect ACEs
- Explore trauma including the concept of 'Fight, Flight or Freeze' mode
- See what toxic stress is and its effects on the developing brains of children and adolescents
- Learn attachment theory and the differences between secure and insecure attachment in children
- Discover the potential negative impact that being exposed to ACEs as a child can have on adult wellbeing, mental and physical health
- Explore what protective factors are, and how these can help to offset the negative impact that ACEs can have
- Review what children and young people who experience trauma need to cope and overcome the negative impact of ACEs
- Develop resilience and explore how working with parents can help a child become more resilient
- Learn what they can do to help break the cycle of ACEs when working with children and families

Child Abuse Linked to Faith or Belief**1 hour**

This course will help anyone working with children and young people to:

- Understand what constitutes abuse linked to faith or belief and the categories of child abuse it relates to
- Reflect on two significant UK-based faith abuse case studies, which resulted in child fatalities
- Know the common causal factors and so-called 'justifications' for faith-based abuse, and signs and indicators
- Get insights into good school practice, including dealing with disclosures, recognising professional misconceptions about faith and spiritualities, understanding the role of contextual safeguarding, and recognising the role of local faith communities in handling these issues

Child Exploitation**2 hours**

This course will help anyone working with children and young people to:

- Explore the different models and forms of exploitation that a child or young person may be subjected to
- Explore an example case of exploitation
- Learn the physical and psychological signs a child or young person might exhibit if they're being exploited
- Review the different factors that can increase a person's vulnerability to exploitation including certain transition points in a young person's life
- Discover the barriers a young person faces when considering a disclosure
- Learn what to do if they are worried about a child, plus organisations that can provide advice and guidance if they know or suspect a person is a victim of exploitation

Child Neglect**3 hours**

This course will help anyone working with children and young people to:

- Learn what neglect is
 - Explore the prevalence of neglect
 - See what harm neglect can do in key development areas
 - View a scenario exploring child neglect
 - Discover why children and young people are neglected
 - See how to identify potential signs of neglect
 - Learn good practice for reporting neglect
-

Child-on-Child Sexual Violence and Harassment**2 hours**

This course will help anyone who comes into contact with children and young people up to the age of 18 to:

- Identify what sexual violence and sexual harassment is between children
 - Learn how to keep children safe in education
 - Know what consent is
 - Identify harmful sexual behaviour
 - Discover the prevalence of sexual violence and harassment between children
 - Know the law and statutory guidance
 - Understand contextual safeguarding
 - Respond and manage sexual violence and sexual harassment
 - Explore how to safeguard and support children and young people
 - Gain awareness of vulnerable groups
 - Discover school responsibilities
 - Explore preventative strategies for schools and colleges
 - Learn where to get further support
-

Child Protection Advanced**9 hours**

This course will help anyone who has completed a foundation child protection course to learn about safeguarding children and young people in greater detail with modules covering:

- Child development
 - Risk factors and forms of abuse
 - Significant case reviews
 - Recognising and responding to abuse
 - Child protection systems
 - See how to identify potential signs of neglect
 - The legal framework and promoting good practice
-

Child Protection in Education**5 hours**

This course will help anyone working with children and young people to:

- Learn the difference between child protection and safeguarding
 - Discover child development milestones and needs
 - Explore positive and negative influences on development
 - Recognise forms of child abuse
 - Review specific safeguarding issues such as child sexual exploitation and children missing education
 - Learn how to recognise and respond to abuse
 - See how to report abuse
 - Promote good practice
 - Get information specific to the four nations of the UK
-

Child Protection in Education (Music)**5 hours**

This course will help anyone working with children and young people to:

- Understand different types of abuse
 - Spot early indications of problems
 - Know how to take action when abuse is suspected
 - Promote good practice
 - Get information specific to the four nations of the UK
-

Child Protection in Sport and Active Leisure**5 hours**

This course will help anyone working with children and young people to:

- Learn the difference between child protection and safeguarding
 - Review child development milestones and needs
 - Discover positive and negative influences on development
 - Recognise forms of child abuse
 - Review specific safeguarding issues such as child sexual exploitation and children missing education
 - Learn how to recognise and respond to abuse
 - See how to report abuse
 - Promote good practice
 - View information on how to access help and support
-

Child Protection Refresher 2023**3 hours**

This course will help anyone working with children and young people to:

- Update themselves on good practice and recent changes in child protection legislation, statutory guidance and government advice for the four nations of the UK
- Learn about the difference between safeguarding and child protection, what child abuse is, forms of abuse and specific safeguarding issues
- Discover how to recognise abuse and deal with a disclosure, the law and allegations against staff
- Explore the effects of abuse and current safeguarding concerns

The course also offers optional questionnaires on Keeping Children Safe in Education (KCSIE)

Domestic Abuse: Children and Young People**2 hours**

This course will help anyone working with children and young people up to the age of 25 to:

- Learn what domestic abuse is and what forms it can take
 - See what controlling and coercive behaviour is
 - Discover the Power and Control Wheel (The Duluth Model) that highlight the range of tactics that perpetrators of coercive and controlling behaviour use against women
 - Realise the prevalence of domestic abuse supported by government statistics, including in adolescent and LGBT relationships
 - Explore the key risk factors to be aware of when considering the level of risk and support needed; for example, parental mental health problems, history of violence, and substance misuse
 - Learn some of the trigger events that can lead to violence
 - Discover the impact domestic abuse can have on children in different age groups and the warning signs of possible abuse taking place
 - Find out what protective factors are and how these can help children to recover from the effects of domestic abuse
 - Learn what to do when they suspect a child or young person is witnessing and/or experiencing domestic abuse by the introduction of key practice points
 - See what support, help and advice is available
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<p>Extremism and Radicalisation</p> <p>This course will help anyone working with children and young people in education settings to:</p> <ul style="list-style-type: none"> • Improve their understanding and approach to extremism and radicalisation • Understand the key definitions and specific issues relating to the radicalisation of young people, including warning signs, risk factors, protective factors and grooming • Get guidance on distinguishing hate speech from acceptable speech and dealing with online hate speech • Get insights into promoting good general practice in their own school 	1 hour
<p>Female Genital Mutilation Awareness</p> <p>This course will help anyone who comes into contact with girls up to the age of 18 to:</p> <ul style="list-style-type: none"> • Understand what FGM is, and the motives for performing it • Know the four different types of FGM, as classified by the World Health Organisation • Learn about the different names for FGM as well as resources that list the names for FGM in different languages • Learn about the prevalence of FGM in England and abroad, as well as important statistics and figures as reported by UNICEF • Understand both the short and long-term consequences of FGM • Learn about the risk factors of FGM, as well as the signs that FGM may have taken place • Learn about the different laws that are in place to protect girls from FGM, including FGM Protection Orders • Understand what the Mandatory Reporting Duty is and who it applies to • Recognise the roles and responsibilities of professionals, including the importance of working together to safeguard children • Learn about guidance on what to do if they suspect FGM has taken place or may take place 	1 hour
<p>Harmful Sexual Behaviours</p> <p>This course will help anyone who comes into contact with girls up to the age of 18 to:</p> <ul style="list-style-type: none"> • Learn what sexual violence is and sexual harassment between children • Keep children safe in education • Explore what constitutes sexual violence and sexual harassment • Learn what consent is • Understand harmful sexual behaviour • Discover the prevalence of sexual violence and harassment between children • Know the law and statutory guidance • Learn contextual safeguarding • Respond to and manage sexual violence and sexual harassment • Safeguard and support children, young people and vulnerable groups • Identify school responsibilities • Create a preventative strategies for schools and colleges • Provide support and signposting 	2 hours
<p>Keeping Children Safe in Education 2023 Annex A Questionnaire</p> <p>This questionnaire is included in our Child Protection Refresher course and will help anyone working with children and young people to recap their knowledge of Keeping Children Safe in Education (KCSIE) 2023 Annex A.</p>	0.5 hours
<p>Keeping Children Safe in Education 2023 Annex B Questionnaire</p> <p>This questionnaire is included in our Child Protection Refresher course and will help anyone working with children and young people to recap their knowledge of Keeping Children Safe in Education (KCSIE) 2023 Annex B.</p>	0.5 hours

Keeping Children Safe in Education 2023 Part One Questionnaire **0.5 hours**

This questionnaire is included in our Child Protection Refresher course and will help anyone working with children and young people to recap their knowledge of Keeping Children Safe in Education (KCSIE) 2023 Part One.

Online Safety **2 hours**

This course will help anyone working with children and young people to:

- Understand online safety
 - Learn why children and young people spend time online
 - Understand potential risk factors
 - Explore types of online content such as social networking, gaming, streaming and adult content
 - Learn about the types of contact that a child can make and receive
 - Develop a safe online culture that promotes good practice
 - Know how to have positive conversations around online safety
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Parental Responsibility in School **1 hour**

This course will help school staff to:

- Understand their obligations and duties in relation to the rights and responsibilities of parents
 - Know the legal definition of a parent under family and education law
 - Explore scenarios with different family structures to establish who has parental responsibility
 - Discover how court orders are used to resolve disputes between parents
 - Know schools' legal requirements in relation to the admission register
 - Learn how to communicate with parents
 - Deal with conflict between parents and complaints
 - Learn about surname changes, safeguarding and additional support
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Preventing Bullying **4 hours**

This course will help anyone working with children and young people to:

- Define bullying including the five key components of bullying behaviour
 - See bullying as a group behaviour including the various roles played: victim, participant/bully, reinforcer, defender and bystander/outsider
 - Discover forms of bullying
 - Learn about cyberbullying including the roles played by social networking sites, trolling, email, online games, mobile phones and instant messaging
 - See statistics on who is affected and where bullying is most likely to occur
 - Review the main legislation
 - Learn the common characteristics of those who are bullied and those who bully
 - Discover how to recognise a child who is being bullied
 - See the damaging physical and emotional effects of bullying behaviour
 - Know how to deal with bullying behaviour
 - Prevent bullying behaviour
-

Raising Awareness of Child-on-Child Abuse**1.5 hours**

This course will help anyone who comes into contact with children and young people up to the age of 25 to:

- Understand what peer-on-peer abuse is and the different types of peer-on-peer abuse
 - Understand who peer-on-peer abuse may affect and what external influences there are
 - Recognise early signs that might indicate abuse
 - Know what action to take if they know or suspect that a young person is experiencing abuse
 - Implement preventative strategies within their setting
 - Strengthen their knowledge through case studies and scenarios
 - Access an additional peer-on-peer abuse toolkit and resources to expand learning
-

Raising Awareness of Honour-Based Abuse and Forced Marriage**2 hours**

This course will help staff to:

- Learn more about honour-based abuse and forced marriage
 - Understand what honour-based abuse is as well as the different terms used to describe it
 - Realise motives that may prompt a forced marriage
 - Look at the differences between a forced marriage and an arranged marriage
 - Review Government definitions of coercive and controlling behaviour, and how these are used in an honour system
 - View two case studies and their consequences where young girls were used as part of a promise of future marriage
 - Read helpline statistics from Karma Nirvana, including top calling areas and other significant statistics
 - Discover what the Forced Marriage Unit is and explore cases where the FMU provided support
 - Take a look at the law including when being forced to marry is a criminal offence and other offences that may result in someone being prosecuted
 - Learn about Forced Marriage Protection Orders
 - Explore potential warning signs that may indicate someone is experiencing honour-based abuse
 - Learn about the barriers faced by victims of honour-based abuse and how someone gains honour and breaks honour
 - Receive further contacts and guidance to support those who encounter honour-based abuse and forced marriage
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Raising Awareness of Trafficking and Modern Slavery**2 hours**

This course will help staff to:

- Learn more about trafficking and modern slavery in the UK and internationally
 - Discover what modern slavery and trafficking are
 - Explore types of trafficking
 - Bust myths about trafficking
 - Learn who trafficking affects and why it's possible
 - Explore internal trafficking and county lines
 - Learn how to spot signs of trafficking
 - Know how to report concerns about a trafficked child or adult
-

Reflective Safeguarding Practice for Schools**1 hour**

This course will help staff to:

- Learn the skills needed to recognise and reflect on experiences in order to learn from them
 - Reflect on five safeguarding/child protection scenarios: peer-to-peer abuse, grooming, online grooming, mental wellbeing and dealing with a disclosure
 - Review actions in light of the scenarios that fit the policies for their school
 - Explore good practice principles for schools
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Safeguarding Children with Special Educational Needs and Disabilities**1 hour**

This course will help everyone working with children and young people in a school setting to:

- Understand the facts about safeguarding children with special education needs
 - Learn about their increased vulnerabilities
 - Explore good practice by working through three case studies
-

Safeguarding When Employing Tutors and Coaches**1 hour**

This course will help everyone working in an education setting that employs tutors and coaches to:

- Learn about the recruitment process, DBS checks, data protection, health and safety, child protection, online safety procedures and good practice
 - Understand key safeguarding measures for multiple teaching environments
-

Safeguarding Young People**4 hours**

This course will help anyone who comes into contact with children and young people up to the age of 25 to:

- Understand who may be at risk and areas of potential vulnerability
 - Understand what abuse is including the ten categories of abuse
 - Explore the impact of abuse including its long lasting and serious effects
 - Discover signs and indicators of abuse, including physical and behavioural signs
 - Responding to safeguard concerns
 - Deal with allegations against staff
 - Explore good practice guidelines
-

Search, Screen and Confiscate for Schools**1 hour**

This course will help anyone working in a school to:

- Understand who can search, when and to what extent
 - Know what can be searched for with consent and without
 - Know the statutory prohibited items and items the school can ban at their own discretion
 - Get examples of reasonable grounds for conducting a search
 - Learn how to conduct a search and what to do if a pupil refuses to co-operate
 - Know what to do with confiscated items and electronic devices found during a search
 - Discover how to record and report searches
 - Understand what the law says about searching, screening and confiscation
-

Serious Youth Violence**2 hours**

This course will help anyone who comes into contact with children and young people to:

- Understand what is meant by the term serious youth violence and the impact it has on individuals and the community
 - Clarify what we already know about serious youth violence
 - Take an in-depth look at the vulnerabilities and risk factors that can lead to criminal exploitation and consequent instances of serious youth violence
 - Review the process of recruitment and the four main stages; targeting, experience, hooked and trapped
 - Learn about child criminal exploitation and county lines, including their definitions
 - Explore what a gang is and the different terminologies such as “gang”, “youth group” and “serious organised crime group”
 - Discover the reasons why young people say they carry a weapon and the different criminal offences associated with knives and offensive weapons
 - Learn what contextual safeguarding is and how it’s used to understand and respond to young people’s experience of significant harm beyond their families
 - Learn the importance of using the correct language including terminology used by both professionals and young people
 - Discover the importance of early intervention, and how recognising and responding to the indicators of potential vulnerability can be effective
 - Learn the signs and behaviours that may identify a child or young person as being exploited and at risk of serious youth violence
 - Review case studies to understand what young people can and do experience
 - Read a scenario and input their thoughts on what they know, the facts and what their concerns are
-

Substance Misuse Risks**2 hours**

This course will help anyone who comes into contact with children and young people to:

- Develop a greater awareness of what substance misuse is and its prevalence
 - Understand the categories of drugs and their effects
 - Gain an increased understanding of why young people use drugs and alcohol
 - Recognise the early signs of drug or alcohol use
 - Understand the impact that substance misuse has on a family
 - Know how to take action if they know or suspect that a child or young person is using drugs or alcohol
-

Tackling Obesity**1 hour**

This course will help staff to:

- Explore the causes and risks of obesity and the costs to individuals and society
 - Learn about the strategic approach taken by government and schools
 - Discover how they can support children and young people to prevent and tackle obesity
-

The Governance of Safeguarding**1 hour**

This course will help governors working in primary and secondary schools to:

- Understand their leadership responsibilities for their school’s safeguarding arrangements
 - Get explanations of the key terminology, and legislation and statutory guidance for each of the four UK nations
 - Learn about the role of the lead safeguarding governor, training in school and key policies and procedures
 - Get insights into taking a whole school approach to safeguarding and good practice, including managing DBS checks, handling allegations against staff, recognising vulnerability factors, and understanding online safety
-

The Prevent Duty **newly updated****1 hour****This course has been reviewed by the Department for Education's Counter-Extremism Division**

It will help anyone who comes into contact with children and young people under 25 to understand:

- What Prevent is
- What extremism and radicalisation are
- How young people are radicalised
- How messages are spread
- What signs to look for
- What actions to take

Understanding the Role of the Safeguarding Lead**1 hour**

This course will help everyone working or volunteering in a school to:

- Get background information and statistics on child abuse and neglect
- Learn about legislation and guidance
- Explore the role and responsibilities of the safeguarding lead
- Understand the processes of raising and reporting concerns, and the next steps following a report

Wellbeing **25 courses** **33 hours****ADHD Awareness****1 hour**

This course will help anyone working with children and young people to:

- Know what attention deficit hyperactivity disorder (ADHD) is
- Recognise the cause, prevalence and symptoms of ADHD
- Understand how ADHD is treated
- Be aware of how to report concerns about ADHD
- Know how ADHD can affect learning
- Learn practical tips to support those with ADHD

Autism Awareness**1 hour**

This course will help anyone working with children and young people to:

- Understand what autism is
- Know the terminology used to describe autism
- Learn about the prevalence of autism
- Understand how autism is diagnosed
- Identify the indicators that may suggest the presence of autism
- Recognise the ways that autism can affect learning
- Understand how to report concerns about autism
- Learn tips for an autism-friendly approach in classroom environments

Body Dysmorphic Disorder**1 hour**

This course will help anyone working with children and young people to:

- Understand what body dysmorphic disorder (BDD) is
- Recognise the signs that indicate a young person may be suffering from BDD
- Know how to support young people who have BDD
- Know how to access professional support

Bullying and Harassment in the Workplace

1 hour

This course will help anyone to:

- Be aware that bullying can be a very real concern in the workplace
 - Learn about the impact of bullying and harassment on individuals and organisations
 - Get practical suggestions for creating a friendly and inclusive workplace where bullying and harassment aren't tolerated
-

Dealing with Bereavement and Loss

2 hours

This course will help anyone working in an education setting to:

- Learn about the effects of grief on a child or young person
 - See how a death may impact school life, and how information about the death should be shared with pupils and staff
 - Discover how bereavement can be handled either as a whole school or individually, including remembrances and returning to school after a death
 - Learn how to manage potentially difficult topics and avoid unnecessarily painful comments when communicating with a bereaved pupil
 - Explore how to communicate with children and young people about tragic events in the media
 - See the factors relating to how children or young people will respond to a death
 - Learn how to ensure the bereaved pupil's needs are respected and supported by all staff who come into contact with them
 - See what should be included in a bereavement policy and the guidance staff need to support everyone during a potentially difficult time
 - Know when to seek further help and support on bereavement for children or young people, their families or staff members
-

Dyscalculia Awareness

1 hour

This course will help anyone working with children and young people to:

- Understand what dyscalculia is
 - Understand the cause and prevalence
 - Know how it can affect learning
 - Understand how to report concerns
 - Diagnose dyscalculia
 - Learn practical tips to support pupils with dyscalculia
-

Dyslexia Awareness

1 hour

This course will help anyone working with children and young people to:

- Understand that dyslexia is one of several specific learning difficulties (SpLDs)
 - Understand more about dyslexia and visual stress and what causes them
 - Learn about the prevalence of dyslexia and how to diagnose it
 - Understand the ways that dyslexia can affect learning.
 - Understand how to report concerns about dyslexia
 - Learn some practical tips to support those with dyslexia
-

Induction to Pastoral Care

1 hour

This course will help anyone working with children and young people to:

- Understand what pastoral care is and the importance of it within an education setting
 - Explore how good pastoral care will have a positive impact on pupils' welfare and progress
-

Looked After Children**1 hour**

This course will help anyone working with children and young people to:

- Understand what defines a looked after child and their characteristics
 - Learn about types of placements and why placements break down
 - Explore relevant nation-specific legislation
 - Understand the needs of a looked after child
 - Learn about the duty of the school and the role of the designated teacher
 - Learn how to make a positive impact
-

Mental Wellbeing in Children and Young People**4 hours**

This course will help anyone who comes into contact with children and young people to:

- Understand what mental health is in the context of the mental health continuum
 - Identify some common issues faced by children and young people with regard to mental health
 - Recognise some of the signs and symptoms that indicate mental health issues in children and young people
 - Understand key risk factors that make some children and young people vulnerable to mental health issues
 - Learn about protective factors that build resilience in children and young people and some of the myths and stigma surrounding mental health
 - Pick up practical advice to support children and young peoples' mental health and emotional wellbeing
-

Mindfulness in the Classroom**2 hours**

This course will help anyone working in a classroom setting to:

- Understand what mindfulness is and why it's important
 - Learn how to respond with mindfulness
 - Discover the core elements of mindfulness: sensory, body, movement, breath
 - Get tips for delivering authentic mindfulness in the classroom
-

Overcoming Loneliness**2 hours**

This course will help anyone who comes into contact with children and young people to:

- Identify the key transitional times (for example, changing school or moving home) and why they cause loneliness
 - Review scenarios about different children and young people who feel lonely to see how varied the causes of loneliness are and the impact that it has
 - Learn definitions of loneliness and how it feels to be lonely
 - Research the scale of the issue and how loneliness affects different groups
 - Get statistics from The Children's Society showing patterns of loneliness by age group
 - Discover what can trigger loneliness (for example, bereavement or bullying)
 - Know why some young people are more likely to experience loneliness; for example, young carers and children with a disability
 - Review the short-term effects, such as social isolation and low self-esteem and the long-term effects, such as illness and risk of being exploited
 - Get ideas for helping young people and discover what schools and FE/HE institutions can do to help
-

<p>Raising Awareness of LGBT</p> <p>This course will help anyone working in an education setting to:</p> <ul style="list-style-type: none"> • Learn how organisations and schools can provide an inclusive environment for children and staff • Gain information and understanding on LGBT within an education setting • Understand the importance of addressing LGBT issues including homophobic, biphobic and transphobic bullying • Find out about support organisations 	1 hour
<p>Suicide Awareness and Prevention</p> <p>This course will help staff to:</p> <ul style="list-style-type: none"> • Discover the facts about suicide and suicidal thoughts in young people, and the warning signs to look out for • Learn about the prevalence of suicide, the supporting statistics and the effects of suicide on a young person • Know how to talk about suicide to young people • Explore how to develop a suicide-safe environment • Find out about the practical advice and support available to young people 	1 hour
<p>Supporting Staff Wellbeing in Schools</p> <p>This course will help staff to:</p> <ul style="list-style-type: none"> • Discover the meaning of mental health and wellbeing • Realise the cost of mental health problems • Learn about common mental health problems and work-related stress • Take a holistic approach to wellbeing • Learn how to support colleagues, senior leadership teams and governing bodies • Reflect on scenarios describing situations where staff wellbeing is at risk 	2 hours
<p>Trauma Informed Practice in Schools</p> <p>This course will help anyone working with children and young people in a school to:</p> <ul style="list-style-type: none"> • Understand the impact and symptoms of trauma, the key definitions and sub-categories • Get information on children's physiological and emotional responses to trauma • Explore how a trauma-informed school should look • Learn about the development of a child's brain, the physical impacts of trauma on the brain and the body, and how trauma presents in a classroom environment • Discuss evidence-based approaches for creating a feeling of safety and security, and strategies for managing students' trauma • Review three classroom-based trauma case studies and the actions taken 	2 hours
<p>Understanding Anaphylaxis</p> <p>This course will help staff to:</p> <ul style="list-style-type: none"> • Understand anaphylaxis and the common causes • Recognise possible signs and symptoms • Learn how to deal with anaphylaxis and the different treatments • Discover how to reduce the risk of anaphylaxis and emergency procedures 	1 hour

<p>Understanding Anxiety</p> <p>This course will help anyone working with children and young people to:</p> <ul style="list-style-type: none"> • Understand the types of anxiety and common causes • Learn about the physical and psychological symptoms • Discover the typical signs to look out for and common triggers • Learn about panic attacks, the typical symptoms and exercises to help reduce them • Know about self-help and other support methods, services and helplines. 	1 hour
<p>Understanding Asthma</p> <p>This course will help anyone working in a school to:</p> <ul style="list-style-type: none"> • Understand what asthma is and the number of ways the airways react when someone is having an asthma attack • Know the symptoms of an asthma attack and the common triggers • Learn about different treatments • Understand emergency procedures and specific information for schools 	1 hour
<p>Understanding Diabetes</p> <p>This course will help anyone working in a school to:</p> <ul style="list-style-type: none"> • Learn about type 1 and type 2 diabetes, and the signs and symptoms • Find out about the management and treatment of diabetes • Get specific first aid information for adults and children • Know procedures for emergency medication and the treatment of a diabetic emergency • Get further information for schools 	1 hour
<p>Understanding Epilepsy</p> <p>This course will help anyone working with children and young people to:</p> <ul style="list-style-type: none"> • Understand what epilepsy is and how it affects the electrical activity in the brain • Learn what epileptic seizures are, their different types and common triggers • Learn about drugs and medications to help control seizures and other treatments • Get information on first aid treatment to help reduce the risks during a seizure and emergency procedures 	1 hour
<p>Understanding Low Mood and Depression</p> <p>This course will help anyone working with children and young people to:</p> <ul style="list-style-type: none"> • Understand the difference between low mood and depression • Learn about the main causes, signs and symptoms • Learn about the specific types of depression • Discover how to help and support people dealing with low mood and depression 	1 hour
<p>Understanding Self-harm</p> <p>This course will help anyone working with children and young people to:</p> <ul style="list-style-type: none"> • Understand what self-harm is and why people self-harm • Know the common triggers and different types of self-harm • Spot the indicators that someone might be self-harming • Learn about the support available and how to access it 	1 hour
<p>Wellbeing for Children with EAL</p> <p>This course will help staff to:</p> <ul style="list-style-type: none"> • Increase their awareness of the needs of children with English as an Additional Language • Provide support for children with EAL, including safeguarding and wellbeing • Discover how to provide an inclusive environment for all children and young people 	1 hour

Young Carers**1 hour**

This course will help anyone who comes into contact with children and young people to:

- Understand who young carers are and what they do
- Learn about the signs that might indicate someone is a young carer and what their needs might be
- Explore a young carer's rights in law and consider what support they need
- Understanding the context of caring
- Learn how to listen and make a positive impact

The course is written in partnership with The Children's Society.

Compliance **11 courses****29 hours****A Guide to UK Data Protection: Education****2 hours**

This course will help anyone working in an education setting to:

- Know what is meant by 'personal data' and 'data protection' including appropriate use
- Learn about the data protection landscape and how information is processed
- Explore some risks and challenges
- Understand the seven key principles that are central to the UK GDPR
- Learn what to do to ensure compliance with data protection law
- Examine practical requirements including a record of processing, data protection impact assessments, data breaches, data subject rights and sharing information
- Find out about the UK Data Protection Regulator and other resources

An Induction to Boarding**3 hours**

This course will help anyone working in a boarding school to:

- Understand the legal framework and the National Minimum Boarding Standards
- Learn about safeguarding and child protection, and how they differ
- Discover how school policies, procedures and protocols work together to support them in their day-to-day boarding role
- Learn how to work safely and effectively, including the skills all boarding staff need
- Learn about effective communication and information sharing and being an advocate and role model for children.

Equality and Diversity**1 hour**

This course will help anyone working in an education setting to:

- Learn what equality and diversity mean and how they affect you
- Recognise the barriers that can prevent equality from being realised such as prejudice, stereotyping, discrimination, victimisation and harassment
- Learn key legislation and both employers' and employees' responsibilities in relation to it
- Review The Equality Act 2010 and the 'protected characteristics' that form the basis of the law

Filtering and Monitoring *coming soon*

Managing Allegations of Abuse Against Staff**1 hour**

This course will help anyone working in a school or college for children under 18 years to:

- Learn why child abuse often goes unrecognised and what adults and schools must do to keep children safe
 - Understand the legislation and statutory guidance
 - Understand the importance of being alert and what to do if they have a concern, doubt or worry about a colleague's behaviour, motivations or intentions
 - Learn what happens when an allegation is made and the potential outcomes
 - Realise the importance of creating a culture of openness and transparency
-

Online Safety Act **new course****1 hour**

This course will help anyone working in an education setting to:

- Understand what the Online Safety Act is, what it aims to achieve and how it will do so
 - Learn how social media currently impacts children and young people, and how the Bill can be used as part of a school's whole-school approach to online safety
 - Think about their understanding of online harms
 - Consider how they play a crucial role in educating children on how to stay safe online
-

Safer Recruitment in Education **newly updated****4 hours**

This course will help anyone working in an education setting to:

- Learn about the four key stages of the recruitment process
 - See what staff need to have in place before they have any contact with potential candidates, including promoting their school's commitment to safeguarding on all relevant aspects of their organisation's communications
 - Prepare the job description, job specification, application form and information pack
 - Learn how to plan interviews and the job application and selection process
 - Undertake pre-employment checks including DBS and prohibition checks
 - Learn how to use the single central record
 - Explore measures their organisation can take to ensure that all new recruits are observed and supervised during their induction period and beyond
 - Develop their organisation's code of conduct and what it should include from safeguarding to staff behaviour
 - Realise the importance of remaining vigilant to protect and promote the welfare of children and young people
 - Understand the importance of dealing with allegations against staff and the procedures in place if an allegation arises in their organisation
-

School Admissions**2 hours**

This course will help schools that are their own admissions authority to:

- Understand their legal duties as detailed in the School Admissions Code
 - Understand the role of the admissions authority in setting and consulting on its admissions arrangements
 - Learn about the role of the Schools Adjudicator
 - Learn about the key considerations of the Code and the key actions that an admissions authority must carry out under the Code
-

School Attendance and Children Missing Education **4 hours**

This course will help anyone tasked with monitoring and managing school attendance to:

- Understand the current law and guidance relating to school attendance and children missing education
 - Examine the main guidance documents and research reports
 - Know the statutory duties for local authorities and schools
 - Learn about children not on role
 - Explore the key issues around school attendance
-

School Exclusions for Head Teachers and Governors **3 hours**

This course will help head teachers and governing boards to:

- Understand their duties as laid out in the DfE Exclusions Guidance 2023 'Suspension and permanent exclusion from maintained schools, academies and pupil referral units in England, including pupil movement'
 - Learn about the terminology used
 - Learn about the decision to exclude a pupil and the exclusion process
 - Examine the independent review panel process and the governing board duty to reconsider
 - Know about equality legislation and parents' rights
 - Explore how to reduce the risk of exclusion and what to think about when considering reinstatement
-

School Exclusions for Independent Review Panels (IRPs) **4 hours**

This course will help IRP members and clerks to:

- Understand their duties as outlined in the DfE Exclusions Guidance 2023 'Suspension and permanent exclusion from maintained schools, academies and pupil referral units in England, including pupil movement'
 - Gain general context and overview of the exclusions process
 - Learn about the school's decision to exclude and whether it's lawful, reasonable and fair
 - Know about equality legislation
 - Understand the IRP roles and the decision-making process
-

The SEND Code of Practice **4 hours**

This course will help anyone working in an education setting to:

- Understand the principles of the code
 - Review what organisations must do
 - Understand The Local Offer of an EHC plan
 - View related legislation and guidance
 - Identify SEN provision in their school
 - Explore a 'graduated approach' to SEN support
 - Learn how to request an EHC needs assessment
 - Understand the role of the special educational needs coordinator (SENCO)
 - Know what funding is available for SEN support
 - Understand assessments and plans
 - Know how to issue and write an EHC Plan
 - Know how to maintain and review the EHC Plan
 - Understand transport costs and EHC Plans
-

Administration of Medication in Schools**2 hours**

This course will help anyone working in an education setting to:

- Understand the law
- Learn the principles for safe practice in administering medication
- Find out how to undertake training
- Know how to keep records
- Know what to do on school trips
- Learn good practice in schools

Anti-Fraud, Bribery and Corruption**1 hour**

This course will help anyone to:

- Learn what fraud, bribery and corruption are, and what form they can take
- Become aware of the increased risk factors in organisations and industries
- Know the prevention and detection measures everyone must take
- Know how to report a suspected fraud
- Explore scenario examples of fraud, bribery and corruption
- Get further information on the organisations to contact for help and advice

Concussion Awareness**1 hour**

This course will help anyone working in an education setting to:

- Understand what concussion is
- Recognise the signs and symptoms that may suggest a concussion has occurred
- Learn what the immediate and ongoing management of concussion should be
- Become familiar with the 'red flags' that indicate an injured person should be transferred for urgent medical assessment
- Identify what the risks are following a concussion and how they can be minimised

Cyber Security**1 hour**

This course will help anyone to:

- Understand risk in the online world and what a cyber attack is
- Know what information needs protection
- Learn about the types of cyber-attack and the effects of cyber-crime
- Understand the cyber security policies their organisation should have in place
- Know the steps they can take to minimise the risk of a cyber-attack
- Get guidance on detecting and reporting cyber-crime
- Find out about the support available

Effective Health and Safety for Children with SEND and ASN**1 hour**

This course will help anyone working with children and young people to:

- Understand their legal obligations regarding the health and safety of those with SEND and ASN
- Consider how children and young people might be affected by their needs and how to implement reasonable adjustments that will reduce risk and enable participation
- Learn about moving and handling
- Know the emergency procedures

Fire Safety in Education**4 hours**

This course will help anyone working in an education setting to:

- Understand the importance of fire safety procedures
- Understand the importance of fire safety training and the regulations in place to ensure their organisation's fire safety policy is adhered to
- Understand the three fire triangle elements including ways to reduce and manage the risks each element poses
- Learn the different classes of fire
- Understand how a fire is maintained and the four main ways fires can spread
- Explore fire risks and the processes that must be put in place to reduce the risk of fire
- Learn about the different types of fire extinguishers
- Understand the procedures for raising the alarm, where to find and how to operate the fire alarm call point
- Know what to do when evacuating the premises in the event of a fire
- Know how to call the fire and rescue service and what information they will need to provide to ensure full clarification of the situation regarding the fire

First Aid Essentials**3 hours**

This course will help anyone working in an education setting to:

- Know the different types of incidents – non-urgent, serious to life threatening and life threatening
- Learn vital information on how to perform chest compressions and rescue breaths (CPR) on adults
- Know how to perform CPR for neonate, infants and children, and understand how to undertake the procedure correctly
- Know when to call an ambulance, including further information on life threatening symptoms that may indicate a medical emergency
- Learn how to handle other serious incidents including choking, shock, anaphylaxis, heart attacks, drowning and strokes
- Know how to handle day-to-day incidents including sunburn, sprains, strains, nose bleeds and more
- Learn the steps to take when someone has been electrocuted, including what to do to avoid injuring yourself
- Take a look at insect bites and stings, how to reduce swelling and information on what to do when someone has an allergic reaction
- Discover what happens when someone has low blood sugar and treatment for conscious hypoglycaemia
- Know what to do when someone is suffering from an asthma attack

Food Hygiene and Safety**4 hours**

This course will help anyone who prepares or serves food to:

- Learn about food-borne illness, bacteria and prevention
 - Understand food allergies and information about allergenic ingredients
 - Learn about contamination, spoilage and prevention of food poisoning
 - Learn about personal hygiene and effective cleaning
 - Understand storage, Hazard Analysis Critical Control Point (HACCP) and the law
-

Health and Safety in Education: Senior Leadership and Management**2 hours**

This course will help school senior leadership and management to:

- Learn about recent health and safety statistics
 - Understand statutory compliance – the legal framework and who enforces health and safety law in the UK
 - Develop leadership and governance arrangements for managing health and safety, using the Plan, Do, Check, Act process
 - Learn about policies and procedures
 - Understand performance management and monitoring to ensure systems remain effective and highlight gaps in performance
 - Realise the importance of staff training to embed a health and safety culture
 - Understand risk assessments including the HSE's five-step process
-

Health and Safety in Education: Staff Awareness**2 hours**

This course will help anyone working in an education setting to:

- Understand the legal position and who enforces health and safety law in the UK
 - Learn about health and safety policies and procedures
 - Understand risk assessments – including the HSE's five-step process for undertaking them
 - Realise the importance of communication, co-operation, co-ordination and consultation in their organisation
 - Learn about statutory inspection, maintenance and monitoring of systems and equipment
 - Understand specific health and safety considerations including fire/emergency procedures, first aid, display screen equipment, working at height, manual handling, hazardous substances, electricity, welfare, asbestos, water hygiene and lone working
-

How to be an Effective Fire Warden or Fire Marshal**1 hour**

This course will help anyone who undertakes additional fire safety roles and responsibilities within the workplace to:

- Learn the fire triangle and the common causes of fire in the workplace
 - Explore the top five fire hazards and how to manage them in a safe and effective way
 - Understand the different classes of fire and their meanings
 - Learn how to prevent the spread of fire and what they need to know to save lives in the event of evacuation
 - Know how to use fire measures, drills, signage and fire detection to aid in the safe evacuation of a building in the event of a fire and the uses of a range of firefighting equipment
-

Infection Prevention and Control in Education**2 hours**

This course will help anyone working in an education setting to:

- Get an overview of the chain of infection and the defences against infection
 - Learn about:
 - Sepsis
 - Hand hygiene
 - Social distancing
 - Respiratory hygiene
 - Personal protective equipment (PPE)
 - Cleaning and disinfection
 - Disposing of waste
-

Moving and Handling**2 hours**

This course will help anyone working in an education setting to:

- Appreciate the costs related to moving and handling injuries
 - Learn about the TILE assessment process
 - Understand and appreciate the principles of safe lifting techniques
 - Identify effective control measures that can be used to reduce the risk of injury
 - Support their organisation to develop a positive health and safety culture, applying a sensible proportionate approach
-

Raising Awareness of Asbestos**1 hour**

This course will help anyone who is likely to come into contact with asbestos to:

- Understand what asbestos is, its characteristics and where it's likely to be found
 - Explore the three main types of asbestos
 - View a list of common uses for asbestos
 - Learn useful statistics from the Health and Safety Executive
 - Learn what the Control of Asbestos Regulations say and the responsibilities of those in control of premises
 - Read details on what not to do when asbestos is present, and information on carrying out maintenance work in areas where asbestos containing materials are thought to exist
 - Take a look at property management, and a useful checklist to help manage anything asbestos related
-

Raising Awareness of Legionella**1 hour**

This course will help anyone who has a responsibility for maintaining premises, including landlords, employers and maintenance staff to:

- Learn what legionella is and the conditions of growth
 - Understand how legionella is contracted
 - Become aware of the illnesses caused by the legionella bacteria, such as Legionnaires' disease
 - Understand staff responsibilities by looking at the risks and how to manage them
 - Understand legislation and guidance relating to legionella
-

Risk Assessments for School Trips**1 hour**

This course will help anyone organising and delivering educational visits and trips to :

- Know the legal position for educational visits and their requirements
 - Learn about parental consent, policy, procedures and competency
 - Understand the risk assessment process, the terminology used and other factors to consider
 - Examine what should be in place when using partnership, host organisations and tour operators
 - Understand the importance of carrying out the required research
 - Know about the evaluation and debrief process
 - Learn about contingency planning in the event of something going wrong
-

Risk Assessments in Educational Settings**1 hour**

This course will help anyone working in an education setting with children and young people to

- Understand what a proportionate risk assessment involves, the legal position and key risk assessment terminology
 - Identify who is responsible for risk assessments
 - Know the risk assessment process and how to undertake it
 - Review a risk assessment
 - See examples of risk assessments
-

Use of Reasonable Force in Schools**1 hour**

This course will help anyone working in an education setting to:

- Understand what reasonable force is and who can use it
 - Learn when reasonable force can be used
 - Understand what happens in situations when reasonable force has been used
 - Identify good practice about incidents involving reasonable force
-

Working with Display Screen Equipment**1 hour**

This course will help anyone working with DSE to:

- Learn what display screen equipment is and the risks in using it improperly
 - Understand their employer's duties under the Health and Safety (Display Screen Equipment) Regulations 1992
 - Know what to do to ensure their health and safety when using display screen equipment.
-

Reflective practice case studies

Reflective practice case studies follow on from our courses to promote deeper, reflective thought on how learners might tackle safeguarding situations. Topics include:

- Child Exploitation (11-16 years)
 - Child-on-Child Abuse (11-16 years)
 - Consent (14-16 years)
 - Domestic Abuse: Coercive Control (14-16 years)
 - Domestic Abuse: LGBT Relationships
 - Equality and Diversity
 - Inappropriate Sexual Behaviour (11-14 years)
 - LGBTQ (11-14 years)
 - Online Safety (11-16 years)
 - Online Safety Hacking
 - Peer-on-Peer Harassment (14-16 years)
 - Preventing Bullying (11-16 years)
-

Next steps

To learn more about how our safeguarding and duty of care training package can help you deliver comprehensive, personalised training for all your staff, book a guided demonstration, or request a quote for your school.

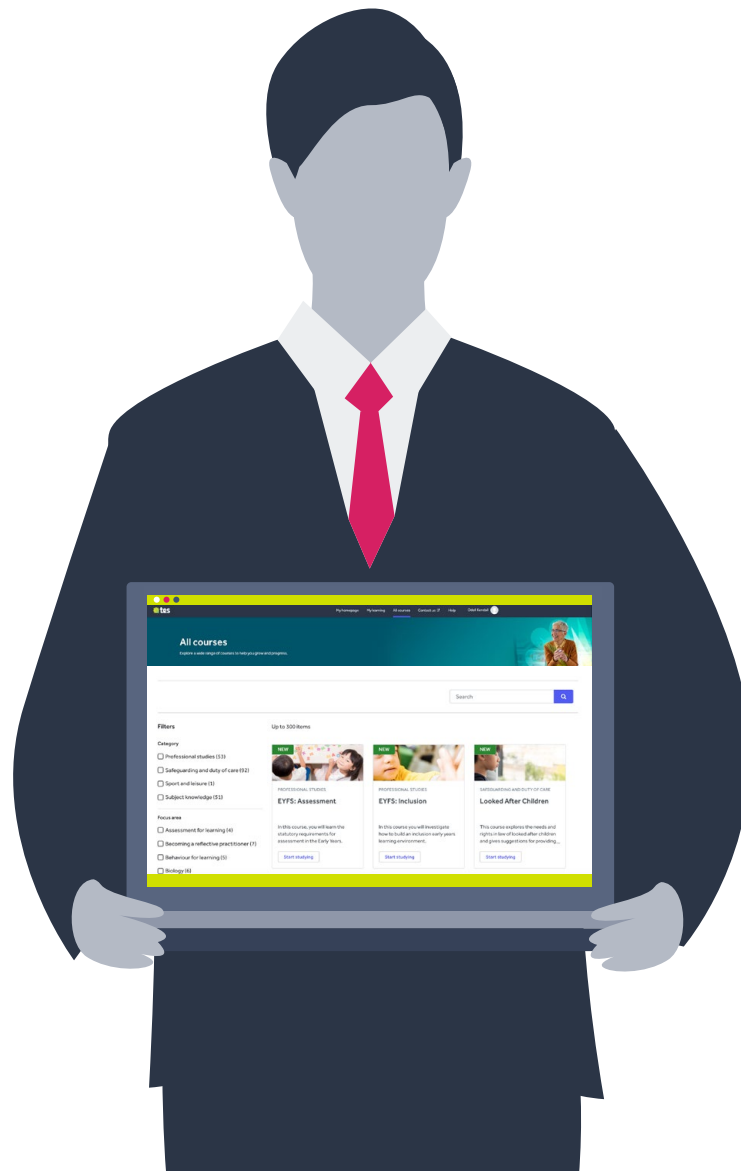
Visit: tes.com/safeguarding-training

Email: develophelp@tes.com

Call: +44 (0) 114 397 2100

Our safeguarding and duty of care training package is also included in our Staff Management subscription which brings together our recruitment, training, development and wellbeing solutions.

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Please note that we have endeavoured to ensure the accuracy of the information provided in this course list at the time of publication. However, this information is issued as a guideline to interested parties. While we aim to implement what is outlined, we cannot undertake any obligation to provide the courses as stated and we reserve the right to amend course information, cancel, suspend or modify the courses at any time.